



DivorceCare is a seminar/support to help people who are going through the pain of separation and divorce find help and healing. People who have gone through this course have found it to be helpful to cope with and work through the issues before them.

The churches in Lisburn are planning to start a course on Wednesday 20<sup>th</sup> January 2010 from 7pm – 9pm in the Exodus centre (old library beside Railway St church). The course will run for 13 weeks, topics as follows.

Session 1	What's Happening to Me?
Session 2	The Road to Healing/Finding Help
Session 3	Facing My Anger
Session 4	Facing My Depression
Session 5	Facing My Loneliness
Session 6	What Does the Owner's Manual Say?
Session 7	New Relationships
Session 8	Financial Survival
Session 9	KidCare
Session 10	Single Sexuality
Session 11	Forgiveness
Session 12	Reconciliation
Session 13	Moving On, Growing Closer to God

Group begins

**Wednesday 20th January 2010**  
**7.00pm - 9.00pm**  
**@ Exodus 29 Railway Street**  
**Lisburn BT28**

For further information phone:

02892660144 - Tues/Wed/Thurs 9.00am – 1.00pm

*or*

02892602766 - Tues to Fri 10.00am - 12.30pm

Email: [evelyn@firstlisburn.org](mailto:evelyn@firstlisburn.org)

Or visit [www.divorcecare.org](http://www.divorcecare.org)